

Weight Loss Drug Coverage



Blue Shield of California is glad to serve you and those who depend on you for healthcare coverage. The steps below show you how to understand and best utilize your new Blue Shield pharmacy benefits for weight loss medication.

Coverage requirements for GLP-1 and other weight loss drugs



Requirements:

1. Have a body mass index (BMI) of > 30 – or a BMI > 27 with certain conditions
2. Participate in a comprehensive weight loss program – such as one through Wellvolution® – that includes a low-calorie diet, physical activity, and behavior therapy for at least 6 months before requesting a weight loss drug
3. Receive prior authorization from Blue Shield
4. Initial authorization is valid for six months
5. Continue participating in a weight loss program while taking the drug

Recertification Requirements:

1. Continue participating in a weight loss program while taking the drug
2. Must be renewed every six months
3. Patient demonstrates at least 5% weight loss from baseline or patient is still being titrated to a higher maintenance dose
4. Patient continues to respond to treatment or patient's weight has not returned to baseline and is not below ideal body weight (IBW)